**DEMONSTRATION OF UNDERSTANDING WORKSHEET: please submit with your syllabus**

<table>
<thead>
<tr>
<th>Skill:</th>
<th>Sample ways of demonstrating understanding:</th>
<th>My plan:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Listening and note taking in class</td>
<td>Cornell method used in partner class</td>
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</tbody>
</table>
| Reading for comprehension | Mapping of chapter(s)  
Annotated text (highlight, underline, notes in margin)  
Text notes | |
| Time management | Creation on weekly schedule  
Daily planner | |
| Academic goal setting | Create academic goal(s) for semester and steps for completion | |
| Exam preparation | Create an exam plan  
Create outlines, lists, mind maps, review sheets, flash cards, summaries containing key ideas | |
| Critical Thinking | - 3 1-page writing assignments related to topics above or/  
- 5 journal entries or/  
- multiple single paragraph in-class minute papers or/  
- 3 1-page reflection papers on events/classroom experiences | |